

Grieving Hearts Group

Companionship

Support

Education

The Grieving Hearts Group is for those who have lost a loved one, whether this loss is fresh or something you've been struggling with for a while.

In this 6 week program, we'll spend our time learning about grief and listening to one another. Through the comfort of our common experience and the understanding of grief literacy today, you will leave this program feeling more confident in continuing your journey.

Daytime Group Starting

Tuesday, September 17, 2024 11:45AM

Evening Group Starting

Wednesday, September 18, 2024 7PM



St. Peters Episcopal Church, Glenside PA

Stephanie Gill is a widow and grief coach serving Montgomery County and the surrounding area, as well as the larger virtual community.

She offers one on one coaching as well as leading groups on integrating loss and cultivating hope for finding a path forward in life

**To learn more about enrolling, contact Stephanie Gill
sgill322@yahoo.com or (215)480-0358**

